



# Hayes Farm

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So you're interested in our 2021 programming?! Here you'll find answers to many of our frequently asked questions. If you still have unanswered questions after looking these over, don't hesitate to reach out to us at [hayesteachingfarm@gmail.com](mailto:hayesteachingfarm@gmail.com).

We look forward to connecting with you!

## PROGRAM CONTENT

**What is the difference between the Regenerative Farming SUMMER Internship (RFSI) and the Regenerative Farming FULL Internship (RFFI)?**

The **RFSI** is an intensive 18-week program that gives participants a really good idea of what it's like to be part of a farm community. It runs from late April through late August and is a great option for university students, or those looking to dip their toes in.

The **RFFI** is a full-season 31-week program. The first 18 weeks are the same offering as the RFSI, with the following 13 weeks focusing on late season harvest, holistic farm business planning, and fall farm close-up. The RFFI runs from late April through late November and is great choice for those really wanting to get a feel for a lifestyle or career in farming. It includes the [Holistic Farm Business Planner](#) course.

**What can be expected at the end of the program?**

Interns can expect better-than-basic food production skills in a human-scale annual cropping system. They'll gain critical food systems and climate knowledge, as well as an appreciation for community movements and collaboration. Based on goals set at the beginning of the program, interns will be recognized for their individual achievements, skills, and talents.

**What will interns learn!?**

Our broad topic headings are 'Regenerative Crop Production,' 'The Economy of Farming' and 'Beyond the Farm.' Interns receive a hefty dose of instruction and practice time in the field, as well as classroom theory on most aspects of human-scale farming with strong social and environmental context. We do all of this in the spirit of honouring Indigenous culture and food ways, integrative principles of land-based learning, and reconnection. [See the full program outline for syllabus details and more info.](#)

**Is there homework or grading?**

Though there are no assignments or grading in the RFSI program, there will be required reading in advance of some classes. Goals, progress, competencies, and achievements are all done by self-assessment, which our team will help with over the course of the season. The Holistic Farm Business Planner portion of the

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|   | RFSI does include some activities to be completed outside of farm or class time. Self-assessment will help Hayes Farm interns reach their individual goals.   |
| <b>What's a day in the life like for an intern?</b> | <a href="#">Watch this great video made by our 2020 interns!</a> Roughly 70% of program time is spent on-farm, with the remaining 30% in an online classroom for theory and discussion.   |
| <b>Who are the instructors?</b>                     | <p>Our main instructor is Farm Manager and all-around-good-guy Mark Trealout. Mark moved to New Brunswick from Ontario with his family in 2018 to work with us on this project. He is a former chef and has more than 20 years experience in the farmin' world.</p> <p>Our Indigenous Knowledge Specialist is Cecelia Brooks who is returning for her second season with us after receiving rave reviews from our 2020 cohort. As a Wolastoqiyik Nation member with a lifelong interest in plants, Cecelia brings life to our Indigenous Food Ways content.</p> <p>To capture knowledge on a wide range of topics, we bring in over a dozen guest speakers over the course of the season.</p> |

## TIME COMMITMENTS AND SCHEDULES

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| <b>What are the program dates?</b>                                | The Regenerative Farming SUMMER Internship will run from April 26 through August 27, 2021. The Regenerative Farming FULL Internship will run from April 26 through November 26, 2021.   |
| <b>How much time is on farm? In class?</b>                        | We strive for about 60-70% farm time and 30-40% classroom time. This changes week-to-week based on the season; more class time early on and transitioning to more farm time later in the season.  |
| <b>Will interns need to work evenings and/or weekends?</b>        | Short answer? Yes, occasionally. Every intern should expect to pitch in one additional shift a week, depending on the size of our cohort. Evening and weekend checks will be asked of everyone in rotation. These demands tend to lessen as the season goes on, however once weekly food distribution begins in July, a pair of people will manage veggie pickups each Wednesday evening. |
| <b>Do interns get any time off over the course of the season?</b> | Yes! We offer rotating half days off (Fridays) for our RFSI interns. RFFI interns will be able to take 1 out of 31 weeks off over the course of their program.  |
| <b>What is the schedule?</b>                                      | <p>Both programs are 32 hours/week.</p> <p><b>April - August:</b> Monday-Thursday 8am-4pm, Fridays 9am-1pm</p> <p><b>September - November (RFFI only):</b> 24 weekday hours on farm + 8 hours Holistic Farm Business Planner content and activities (this schedule is to be determined).</p> <p>Class and farm time changes week-to-week.</p>   |

## THIS AND THAT

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| <b>Are Hayes Farm programs accredited?</b>                | As a non-profit organization unaffiliated with an academic institution, our programs are not accredited. If an intern joins us through a university or college internship, they may be able to gain credit. We encourage students to talk with their academic advisors to see what experiential learning opportunities may be available.  |
| <b>Are accommodations offered?</b>                        | No. Interns will need to find their own accommodations. The farm is located in a residential area, and nearby living arrangements are typically available with some research.   |
| <b>Can minors participate?</b>                            | Participants must be 18 years of age or older when the program starts on April 26, 2021. Those under the age of 18 are encouraged to join us for informal learning throughout the season ( <a href="#">check out Chantier Jeunesse</a> )!   |
| <b>How will interns be kept safe considering COVID-19</b> | We safely and successfully ran our programs through the 2020 season while providing the essential service of food production (and education!). A full COVID-19 operational plan is in place, with some of the highlights including individual essential tools, a socially-distanced outdoor atmosphere, mobile handwashing stations, and online classroom sessions.   |
| <b>How many people will be participating?</b>             | The 2021 programs will be capped at a total of 20 interns (RFSI + RFFI).  |
| <b>How do interns get to and from the farm?</b>           | Being in the heart of Fredericton's north side, we are easy to access by foot, bike, bus, or car. From MacLaren Avenue, turn north on Clark Street (one block). Take a left on Hillcrest Drive and look for 577 on the right. If traveling by bus, take the 17S or 16N and get off at MacLaren Ave. & Clark St. Walk north (up the hill) on Clark St., then left of Hillcrest Dr. to #577 (the farm is roughly 300m from the bus stop). |
| <b>Are there animals on the farm?</b>                     | We do not have livestock on the farm (except for the occasional visiting duck or quail!). Through the season, we hope to take field trips to other farms that showcase other aspects of farming that we are not able to demonstrate at Hayes Farm.  |
| <b>Do interns need farming or gardening experience?</b>   | Though beneficial, no experience is needed! We expect our interns to have a readiness to learn, an interest in community and collaboration, and a willingness to work hard!   |
| <b>What does the program fee cover?</b>                   | The program fee covers all instruction on farm and in class, mentorship and networking with many talented and knowledgeable individuals, tools, consideration for 2022 incubator plot, new friends, and free access to surplus veggies!   |
| <b>What do interns need to bring?</b>                     | Once accepted, interns will receive a full list of essential and nice-to-have items for both the classroom and the farm. A very basic list includes farm clothes for all weather, a couple pairs of gloves, good boots, a hat, sunscreen, something to keep notes,  |

water bottle, and a computer with 'office' functions and access to the internet.

**Is there a payment plan option for program fees?**

Yes, with a \$500 deposit paid upon acceptance to the program, monthly payments for the remaining fees can be arranged.